



Issue No. 333
08 January 2019

Diary Dates

Saturday 12 January

10.00am Cornwall Schools
XC Championships
at Truro School

THE

Polwhele Post

THE NEWSLETTER OF POLWHELE HOUSE

From the Headmaster...

Dear Parents

Happy New Year! I hope that you have enjoyed a restful and happy time over our Christmas break.

The Lent Term has well and truly started and we are looking forward to lots of exciting events and activities as well as learning lots of new things. As I explained to the children in our Whole School Assembly today, "Learning" (our January Polwhele Value) is for everyone - children and adults. To illustrate this in assembly, everyone had to guess which new skills members of Staff were in the process of learning (or had recently acquired) - this caused much interest and amusement:

Mrs Caddy shared how she is broadening her diet exploring healthy gluten free products, Mrs Spoor that she has learnt how to change a car headlight bulb, Miss Topsey that she is learning to be a play therapist, Mrs Topsey-Eaton how she has learnt the ukulele and is learning how to crochet. Mrs Warden shared how she had recently learnt Flamenco dancing, Mrs Lusty how she was learning not to follow the current craze, and I shared that I was trying to learn how not to always operate at 100 miles per hour!

Further dates for this term as well as our dates for next academic year will be posted on our website shortly. It has been decided to make our term dates fall in line further with the other local independent schools - this now includes the longer autumn term half term - the differences between the schools previously had been tricky for some Polwhele parents.

I look forward to a rewarding and happy term, working with you to make Polwhele the very best it can be for our children.

With best wishes

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HEADMASTER
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SCHOOL NOTICES:

Set Point Winners for the Michaelmas term!



Eliza Lawrence is still missing her school coat.

Poppy Stevenson is missing her school coat and her art apron.

Could we please check to ensure these items have not made their way to your home by mistake as they are expensive to replace.

Thank you!

PRE-PREP NEWS

Our visit to St Austell Age Concern

Year 2 went to sing to a group of senior citizens on Thursday 13th December at St John's Methodist Church in St Austell. The children received a very warm welcome and there were lots of people there to listen to them.

The children sang a selection of songs from our Nativity, 'Follow the Star' and some children were brave enough to sing in their small groups. The stars and the camels were terrific. They also sang 'Away in a Manger,' 'Jingle Bells' and 'Rudolf the Red Nose Reindeer' so that everyone could join in. We finished our little concert with 'We wish you a Merry Christmas.' Then the children went around the room talking to the people there and were treated to a drink and a biscuit after their performance. Everyone enjoyed talking to the children and they were pleased that we had found the time to come to see them. It was so wonderful to have given some people some Christmas joy. Soon it was time to say our goodbyes and make our way back to School. So we left wishing everyone a Merry Christmas.

Thank you children; your singing was very much appreciated and you were a credit to our school. Thanks must also go to Mrs Topsey-Eaton, Mrs Hounsell and Mrs Piccin-White for accompanying me.



Mrs Caddy

PRE-PREP NEWS cont.



SPORTS NEWS.

CORNWALL SCHOOL CROSS COUNTRY CHAMPIONSHIPS

Saturday 12 January 2019

Truro School – Race Starts at 11am (2300m)



Nerayah Aubrey

Elizabeth Headon

Sky Trevena

Arrive at Truro School by 10:00am

(If you want to walk the course you need to do this between 9 and 10am)

You need to wear your school PE skort, white socks and school CC vest & red under armour (optional), full tracksuit and trainers.

It is usually very windy and cold while waiting for your race – coats, gloves etc needed.

Collect your school CC vest & 8 safety pins from me on Wednesday 17 January.

Be sure to bring spikes if you have a pair (or football boots).

The entire course is run on grass.

Make sure you have a drink. There will be beverages/snacks on sale.

You may leave straight after your race.

Important dates if you have a good race time on the day:

Saturday 2 Feb 2019:

SW Schools Cross Country Champs at Bath Racecourse

Saturday 16 March 2019:

English School CC Champs at Temple Newsam Park Leeds

Good Luck,

Mrs Lusty

Junior and Senior Set Rugby Results

Juniors = Owls are victorious. It was an evenly matched game with a final score of 10 -8

Seniors = The seniors were divided into 2 matches. The y5 boys joined up with the girls to play a tag game which ended in a result of 7 - 4 to the Herons. The y6 & y7 boys joined up for a match involving many tries and a few conversions with a lot of good team play. The final score was 44 - 22 to the Owls. The overall victory for the senior rugby set match goes to the Owls.

Well done boys!

Captains - Lent Term 2019

Netball - Elizabeth Headon

Football - Joseph Reeve



Half Colours - Michaelmas Term 2018

Two of our pupils were selected to represent the South West ISA swimming team both in individual races and relay races at the London Aquatic Centre. Both the children swam with great determination during this national event and did themselves and Polwhele proud. We look forward to all our Polwhele children working hard during their swim sessions so that we can send a large group to next year's ISA swim trials.



Well done!

REMINDER — LENT TERM

All boys in the Prep School need shin pads for football season next term.

Y1 & Y2 Children who choose to do the Pre Prep Football Club next term will also need shin pads.

**Mrs Lusty
Assistant Head and Head of Games**



ISA Netball Tournament

Trinity School

Wednesday 16 January 11am – 3pm

Jessica Pearce
Poppy Stevenson
Emily Cochrane
Daisy Hassell
Yasmin Lewis
Nerayah Aubrey
Elizabeth Headon (capt)
Sky Trevena

We will meet at school at 8:30am (wearing full tracksuit, PE Kit, red under armour if you have one) for an 8:40am departure. You will be provided with a packed lunch and snacks.

Make sure you have your coat, gloves, scarf, hat and a spare change of clothes in your games bag. Bring a carrier bag for wet clothes. You may bring a few extra healthy snacks and an extra bottle of water.

We will return to school at +/-5pm. I can be contacted on 07764586583.

Parental support is most welcome. Should the weather be inclement please contact the school office regarding the cancellation of the fixture.

For trips out of county children are encouraged to bring along reading books, comics, magazines & card games.

Mrs Lusty

Boarding Menu



Tuesday 8 January

Homemade Beef Burgers

Apple Crumble and Custard

Wednesday 9 January

Pasties

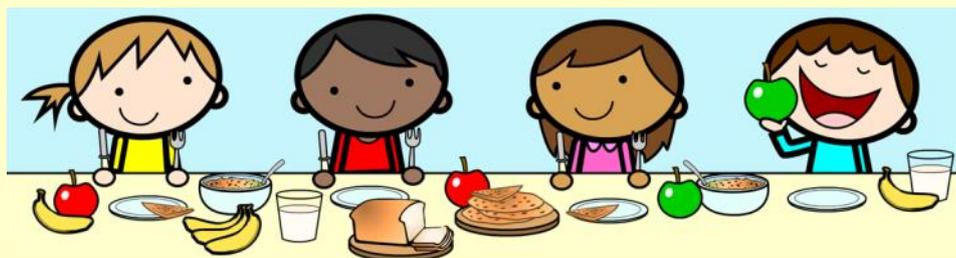
Fruit Muffins

Thursday 10 January

Chicken Pasta Bake

Jaffa Cake

WHAT'S FOR LUNCH?



Tuesday 8 January

Cheesy Pasta

Served with Baked Beans & Salad

Custard Biscuit

Wednesday 9 January

Roast Beef

Spicy Root Vegetable & Lentil Casserole (V)

Served with Roast Potatoes Carrots & Savoy Cabbage

Pear Upside Down Cake & Custard

Thursday 10 January

Chicken Curry

Butternut Squash Curry (V)

Served with Rice & Salad

Blondie

Friday 11 January

Breaded Fish

Cheese Swirl (V)

Served with Potato Wedges & Mixed Vegetables

Lemon Crunch

Monday 14 January

Cheese & Tomato Pizza

Chocolate Cookie